

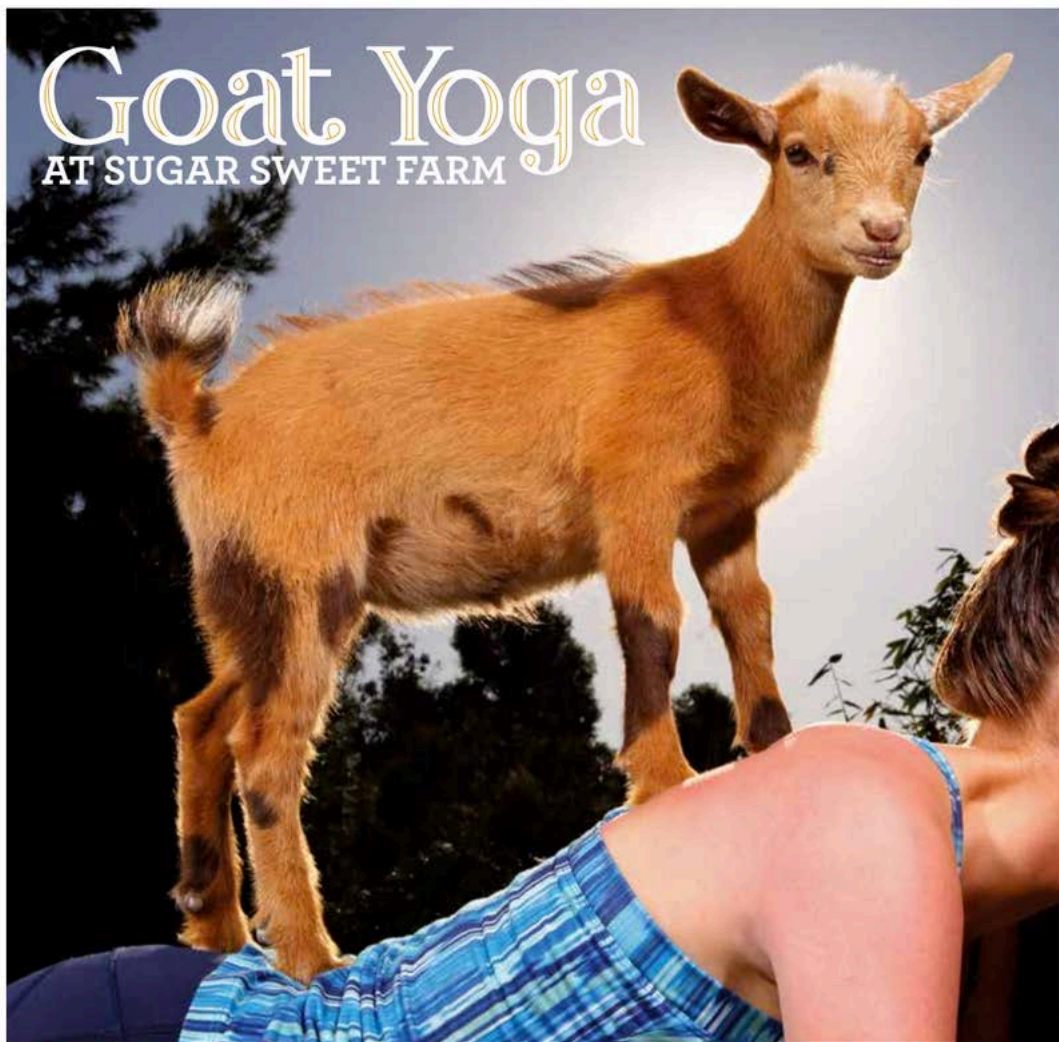
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Goat Yoga

AT SUGAR SWEET FARM



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SUGAR SWEET FARM

WHERE THE GOATS DO YOGA
& THE LLAMAS LIKE TO PARTY

• Words by Chris Coté



Tucked in the hills of Olivenhain, there's a small family farm where the goats do yoga and the Llamas like to party. Mind the pun, but the fact is Sugar Sweet Farm organically grew from a family having fun learning at homeschool, to a small business that spreads the love and joy of having animals around as part of a healthy lifestyle. "Our kids were all homeschooled and one day during a lesson one of them asked, 'Where does milk come from?'" recalled Sugar Sweet Farm owner Elizabeth Sugarman. "And this might sound crazy, but we decided we'd get a cow to really learn where milk came from."

The questions and lessons about animals sparked more and more curiosity and provided the

family more learning opportunities, so more animals made their way onto the farm. From a young age, the Sugarman kids—Sissy and Samuel—jumped in and became active in 4H programs, as well as community service; not only raising and caring for their growing stable of animals at the farm, but by also offering small guided tours free of charge for locals students, scout troops, and other non-profit groups.

As children, Elizabeth would have her kids birthday parties at the farm, and all the other kids and parents in attendance started asking if they could have their parties there, too, and the seed of the business was planted. "We loved hosting friends and family at the farm," smiled Sugarman. "But